

# **Descriptions for Get Connect Canada 2022 Resources**

### Making a Difference Globally (9:48) – Richard & Dara Cobb, CR International Field & Associate Directors

CR is in more than 30,000 churches around the world; we are part of one forever family! Good news from far away refreshes like cold water when you are thirsty. Prov. 25.25 CEV

### The Value of Unity (22:56) – Ken Taylor, Creekside Church

We have all heard it . . . Start with the end in mind. But what is the "end in mind" for leaders serving alongside one another? Jesus prayed and longed for us to experience unity. But what does that look like and how can we achieve it?

### Inspiration (10:06): From Mac Owen, Global CR Director & Mary Owen, CR Training Director

Never in the history of CR have good quality leaders been more necessary with the harvest we believe is coming. And at the same time, more than ever, leaders are harder to find. We are sure you would all agree that healthy CRs, start with healthy leaders. We need healthy leaders now.

#### Soul Refreshment (20:40) - Bobbi Kroeger

There is an intersection where our emotions and soul refreshment meet; where they were designed come together. God's word tells us to guard our hearts and to guard our thoughts, and yet we get ensnared by the residue of our past and the untamed emotions that want to hi-jack our present. But God wants to meet with us, to refresh our weary souls and bring us out into wide open spaces, rescuing us because He delights in us – Ps 18:19 NIV

#### Interview (10:03) — Sarah and Jason

Jason and Sarah share about their journey of becoming a family in recovery. Some of the challenges in transitioning from an in-residence rehabilitation program to CR. Also, how CR can support with our mental health and finding a place of belonging, as a minority in CR.

## Testimony (20:01) - Roland

One of the ways we celebrate our recovery, is by sharing our testimony. As a CR Indigenous Peoples Contact and residential school survivor, his testimony encourages us to trust Jesus with our hurts, hang-ups and habits.

Mini Testimony (5:56) - Andrea

Mini Testimony (5:10) - Guylaine

# **Discussion Starters for Leaders Meetings**

### Who's in your hood? How do you reach them? (7:02) - Stu McQueen, Adam Brewer, Joel & Aidee

"Learn about our CR team platforms inside the church" - Stu

"We're very intentional on social media. It's something we put in a lot of work, a lot of thinking, a lot of process. Our church is big on social media and so we follow that guide." - Adam

"After closing down in person, we expected the hand of CR to reach less, but instead God had bigger plans and through Zoom, we reached people all over Latin America. Our participants were able to bring CR to family members or acquaintances from their countries of origin" – *Joel & Aidee* 

## Equipping your group with Support for Mental Health (19:38) - Bobbi Kroeger

Mental health effects everyone, but not everyone is affected the same. Creating safe environments in the church to talk about mental health issues is becoming increasingly important. CR has an opportunity like never before, to provide care and support to those in our community suffering from mental health issues. Let's talk about how we can do this together.

### Thriving In-person & Online Groups (17:11) - Erin McQueen, Sheila Thompson & Adam Brewer

Three CR ministry leaders share some of what they're learning.

"It's not my job to say no for people. Serving can become a stumbling block for recovery" - Erin

"How to go from surviving to thriving in a pandemic, eating an elephant one bite at a time." - Sheila

"God has given us a window to really dig deep into the discipleship part of Celebrate Recovery, which is setting us up for the harvest." - Adam

### Healthy Teams (20:10) - Lois Steen & Vince Leckie

CR is designed to serve in TEAM; with Training, Encouraging, Ambassador Coaches and Ministry Leaders. Lois and Vince share how they have transitioned some of these roles and develop apprentices and volunteers in building Healthy Teams.

### Co-dependency affecting you, your relationships...your group? (23:25) – Brian Bulger

What is co-dependency anyway? As a pastor and CR ministry leader for 17 years, Brian shares some of what he's learned through CR and therapy. Tools he continues to apply to his life, his relationships and in leading others.